



FOR IMMEDIATE RELEASE

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COMMUNITY 5K TRAIL RUN AND 1 MILE WALK

Pine Mountain, GA (September 27, 2016) The first Community 5K Trail Run and 1 Mile Walk will be held at F. D. Roosevelt State Park in Pine Mountain, GA on Saturday, November 12, 2016. Registration for the 5K Trail Run for under 18 youth is \$20, adults are \$25. Registration for the 1 Mile Walk for under 5-year-old youth is free, and others is \$5.

The Community 5K Trail Run and 1 Mile Walk at F.D. Roosevelt State Park will provide families with an activity-filled day to raise money to benefit the Wounded Warrior Project. The purpose of the event is to both raise awareness and support for our local Veteran's, as well as promoting a healthy lifestyle for families through activity.

The event features timing by Classic Race Services, an awards ceremony with prizes for the top three male and female adults, and 1st, 2nd, and 3rd male and females in standard five-year age groups. This is a family-friendly afternoon filled with before or after race fun, including a photo scavenger hunt, horseback riding, boat rentals, and a performance by the 4-H Project Achievement juniors and seniors. Active duty and retired military will receive free boat rentals for one hour on Lake Delanor. The Wounded Warrior Project will be the beneficiary for the event. Wounded Warrior Project is a military and veterans' charity service organization empowering injured veterans and their families.

Organizers see this 5K Trail Run and Walk as more than just a fundraiser for Wounded Warrior Project, but as the beginning of a new community tradition to raise awareness and support for our local veterans through engaging family activity.

Press kits and passes will be available to the media at the registration table. To register or learn more about UGA Extension and the Community 5K Trail Run and 1 Mile Walk, please visit <http://ugaextension.org/county-offices/muscogee.html> or call 706-653-4200.

About UGA Extension

Over 100 years ago, in 1914 UGA Extension was founded to extend lifelong learning to the people of Georgia through unbiased, research-based education in agriculture, the environment, communities, youth and families. UGA Extension helps Georgians become healthier, more productive, financially independent and environmentally responsible through our agents staying in touch with the issues relevant to the people in local communities through county Extension offices. In the Columbus – Muscogee County community, we work diligently to educate our neighbors on the importance of these issues through community outreach workshops and trainings.

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