



Frank D. Chester Recreation Center

1441 Benning Dr.

Columbus, GA 31903

**February 29, 2020 Time: 10am-1pm**

## **HEALTH AND WELLNESS RESOURCE FAIR**

### **“Maintaining the Total Man“ Series 2: Family Foundations**

**Employment  
Opportunities**

**Health Coverage**

**Medication  
Education**

**Prizes**



**Food**

**Mentoring & Leadership**

**HIV/ Hepatitis C Testing**

**Parent & Youth  
Resources**

Providing men and women with the resources to assist them with building and maintaining strong family foundations through education, practice and expertise of today's professionals



Frank D. Chester Recreation Center, Individuals and Community United (I.C.U.), BlessingsThree65, Living for Giving, HB's Barbershop and Bladez 2.0 Grooming Lounge.

For more info: [MaintainingTheTotalMan@gmail.com](mailto:MaintainingTheTotalMan@gmail.com) / 706-662-1338